

Have Healthier Outcomes with Adult Day Services

Adult Day Services are your Community Healthcare Partners

Adult Day Services are person-centered, community-based non-residential services designed to assist adults over age 18 with physical and/or cognitive impairments to remain active in their communities. Adult Day Services help people maximize their level of health and independence and ensure their optimal functioning. Adult Day Services provide a safe, supportive environment where participants can receive a range of professional health, social and therapeutic services. Adult Day Services also provide respite, support and education to family members, caregivers, and legal representatives. Adult Day Services are a vital resource for each community.

Your Patient attending Adult Day Services may receive:

- Chronic Disease Management
- On-site Skilled Nursing Services
- Monitoring of Acute Medical issues
- Liaison with other healthcare professionals
- Medication Management
- Nutritional support and education
- Health education
- Diabetic care
- Wellness-focused care
- Personal Care Assistance (toileting, showering, foot care, etc.)
- Mobility assistance
- Fall prevention education & assistance
- Exercise, Fitness classes and physical activities
- Assistance with PT, OT and ST plans of care
- Therapeutic and meaningful Adult Activities
- Specialized Dementia Care
- Social work support
- Short or long term service

Utilizing Adult Day Services' Potential Impact on our Healthcare Community

- Reduced utilization of ER visits
- Decreased hospital admissions
- Decreased Nursing Home placements
- Reduced potential for readmission penalties
- Fewer office calls
- Reduced frequency of unnecessary office visits
- Increase potential for Physician participation in Shared Savings
- Reduced Medicare and Medicaid expenditures
- Improved patient outcomes
- Improved patient compliance
- Improved patient and family quality of life

Actively partnering with and “prescribing” Adult Day Services improves healthy outcomes for everyone!

The Vermont Association of Adult Day Services (VAADS) represents not-for-profit Adult Day Service providers representing each County in the State of Vermont.

For more information, contact your local Adult Day Program