

Care Management Directors Network Meeting

November 1, 2023

Welcome!

Please put your name, position title,
and organization in the chat box

Agenda

12:00 p.m. – 12:05 p.m.: Welcome & Agenda

12:05 p.m. – 12:20 p.m.: Overview of the VPQHC Care Management Directors Network & Redesign

- Hillary Wolfley, MSPH, Associate Director, VPQHC
- Lindsay Morse, MSN/NED, RN, ACM, Vice President of Care Management at the University of Vermont Health Network & Chair of the VPQHC Care Management Directors Network

12:20 p.m. – 12:50 p.m.: Introduction to Vermont Ethics Network

- Cindy Bruzzese, MPA, MSB, HEC-C, Executive Director & Clinical Ethicist, Vermont Ethics Network

12:50 p.m. – 1:20 p.m. Adult Day Centers Overview

- Zatz & Renfrew Consulting

1:20 p.m. – 1:30 p.m.: Roundtable & Adjourn

Housekeeping

- **Please stay on mute if not speaking**
- **Questions:** chat box, or raise hand/unmute yourself
- **This meeting is being recorded**
- **Recording and resources will be posted on the VPQHC website**

About VPQHC

The Vermont Program for Quality in Health Care is a 501(c) (3) nonprofit organization designated by the [Vermont Legislature](#) in 1988 as an independent, non-regulatory, [peer review](#) committee. Our organization brings together the entire spectrum of health care voices to focus on quality analysis and improvement.



About Care Management Directors Network

Aim: To improve the quality of health care in Vermont.

Goals:

1. Provide networking opportunities and foster peer-to-peer learning for all Vermont Hospital Care Management Directors.
2. Facilitate discussion of barriers and challenges to foster exchange of ideas and resources, share successes broadly, and learn from other experiences.
3. To include the voices of subject matter experts, state and community partners, and examples of successful implementation to support the sharing of best practice and knowledge across the state.

Network changes

- Network chair: Lindsay Morse, MSN/NED, RN, ACM, Vice President of Care Management at the University of Vermont Health Network & Chair of the VPQHC Care Management Directors Network
- Expansion of network list to include utilization review, and outpatient care management

Vision - *Lindsay Morse, MSN/NED, RN, ACM,
Vice President of Care Management at the University of
Vermont Health Network & Chair of the VPQHC
Care Management Directors Network*



WAADS

**VERMONT ASSOCIATION OF
ADULT DAY SERVICES**

Vermont's cornerstone of person-centered care



Adult Day Services

- Adult Day Services (ADS) are community-based non-residential services designed to assist older persons and younger adults with physical and/or cognitive impairments to remain as active in their communities as possible, by maximizing their level of health and independence and supporting their optimal functioning regardless of the challenges they may face
- Adult Day centers provide a safe, supportive environment where participants can receive a comprehensive array of professional health, therapeutic, nutritional, social and life enriching services.
- * Adult Day Services also provide respite, support and education to family members, caregivers, and legal representatives

**Creative,
compassionate and
cost-effective
alternative to
traditional Nursing
Home care**

**And
so much more!**



Who Can Attend Adult Day Programs?

- Any person 60 or older
- Any adult age 18 or older with a disability
- Persons who would benefit from daytime support or supervision
- Persons who are socially isolated
- Persons with medical/health needs
- Persons who are developmentally delayed
- Persons with emotional issues (depression, anxiety, grief, etc.)
- Persons with mobility issues
- Persons with continence or person care issues
- Persons with feeding or nutritional issues
- Persons with Alzheimer's Disease or other cognitive impairments
- People who want to get the most out of their lives!

**Comprehensive
Nursing,
Healthcare
and Medication
Assistance**



Adult Day Healthcare Services

Healthcare Staff: Nurses, Licensed Nursing Assistants, and Physician Consultant Oversight

- Monitor health status
- Medication management
- Emergency care
- Liaison & Service Coordination
- Provide health education
- Routine foot/nail care
- BP & weight monitoring
- Dressing changes
- Aerosol treatment
- Oxygen therapy

- Contenance care
- Limited bathing/shaving
- Monitoring swallowing issues
- Feeding/nutritional assistance
- Limited dental and oral care
- OT,PT,SP follow through
- Mobility assistance
- Dietician Consultation
- Caregiver education & support

All Staff are CPR, AED and First Aid trained

**Fitness programs
and restorative
therapy
assistance**



**Full range of
Personal Care
Assistance**



Healthy meals and snacks



**Individually tailored
activities designed to
maximize engagement
and promote each
individual's sense of
purpose**



Assistance with learning or relearning life skills and activities of daily living to build self-confidence and a sense of independence



**Life enrichment
opportunities,
educational
classes,
and creative
personal growth
exploration**



**Thank you on behalf of
the Members of**

